

# MY LIFE WITH HIM AND THEM

SPEAK WITH A CAMERA, HONOR WITH WORDS, AND LOVE THROUGH SERVICE.

## CHILD TECHNOLOGY CONTRACT

This contract between *{PARENT NAME}* and *{CHILD NAME}* seeks to establish family rules and consequences regarding cell phone and technology usage.

### Cell Phone/ iPod Touch/Tablet/eReader/DSI/Computer Contract:

- I will not send threatening or mean texts to others
- I will not text or place phone calls after 9 p.m.
- I will keep my phone charged at all times
- I will not bring any electronics to the family dinner table
- I will not go over our plan's monthly minutes or text message limits. If I do, I understand that I may lose my cell phone privileges
- I understand that I am responsible for knowing where my items are, and for keeping it in good condition
- I understand that any technology items may be taken away if I talk back, I fail to do my chores, or I fail to keep my grades up
- I will obey [rules of etiquette regarding cell phones](#) in public places. I will make sure my items are turned off when I am in church, in restaurants, or quiet settings
- I will obey any rules my school has regarding cell phones, such as turning them off during class, or keeping them on vibrate while riding the school bus
- I understand that the only technology I am allowed to take to school is my cell phone.
- I promise I will alert my parents when I receive suspicious or alarming phone calls or text messages from people I don't know
- I will also alert my mother if I am being harassed by someone via technology
- I will not use my cell phone to bully another
- If I call or text someone and they do not respond, then I will wait a minimum of 24 hours before I call or text them again
- I understand that having a cell phone can be helpful in a emergency, but I know that I must still practice good judgment and make good choices that will keep me out of trouble or out of danger
- I will not send embarrassing photos of anyone to others. In addition, I will not use my phone's camera to take embarrassing photos of others

- I understand that having a cell phone is a privilege, and that if I fail to adhere to this contract, my cell phone privilege may be revoked
- My participation in any social-networking site must be approved by my mother
- I will use the “Garbage In, Garbage Out” principal in determining the videos, games, apps, or music I download, watch, or listen too.
- I understand that while this contract specifically names current technology in our home, it will include and future technology purchased.

### **Cell Phone Contract: Parent Responsibilities**

- I understand that I will make myself available to answer any questions my tween might have about owning a cell phone and using it responsibly
- I will support my child when he or she alerts me to an alarming message or text message that he or she has received
- I will alert my child if our cell phone plan changes and impacts the plan's minutes
- I will give my child 1 warning before I take his or her cell phone away

Signed \_\_\_\_\_ (Child)

Signed \_\_\_\_\_ (Parent)

Date \_\_\_\_\_

